



9AM

WELCOME JAMES BURTT & Quest 79 Team

09:30

LEONA BURTON

9 Top Tips on Finding Your Inner Gold as a Female Entrepreneur

JENETTA BARRY (Kenya)

How 79 Brought together World Jenny's Day

10:00

CHRISTINE GRAHAM

The Sacred Way Quest 79 ride following the River Ganges across
India

ANDY BLOW & CHRIS KNIGHT

79 Hours of Continuous Exercise

10:30

SHERRILL MASON

79 Dips in 79 Lochs in 79 Hours

IAN DARLEY

79 Days no Alcohol & 79 Days Triathlon Training

11:00

LORRAINE MAGUIRE (New Zealand)

Hypnotherapy Workshop in NZ Today

ANGELA MILLETT

How Yoga Can Help Clear Your Emotions

11:30

ADAM GORNALL

9 burpees for 79 days, 79 days sugar free

TRICIA THOMPSON

79 days of journalling & 79 seconds of press-ups a day

12:00

IYLAN (9 YEAR OLD)

Reverse Mentoring with

JAMES BURTT & PETE COHEN

12:30

PAM FRIGO (Greece)

Athletics Super Agers +79

ALEXIA FRANKLIN

Why Working on you can heal you and the planet

13:00

AUDIENCE Q & A SESSION

13:30

GLENN VALENTIN (Belgium)

79 Compliments to Strangers in a Week & 790 compliments at work i

ALEXEY KATKO

What will happen to Cocoa & Vanilla if the insects disappear?

14:00

NATALIE BACHIRI (Luxemberg)

Internal Peace Process Workshop

ADAM COX

Hypnotherapy to Find Your Inner Gold for 79 People

14:30

PETE COHEN

79 days of 'How to Create Your Fantastic Future' &
transforming 79 people's lives

15:00

AISTE CHAPMAN

TARC EFT Workshop in Lithuanian & English

JILL LADD

79 Animal Flow Sessions Around The World & 79' Workshop

Today

15:30

Top Trumps Game

JAMES BURTT

Winners Club

16:00

MANDY WORSLEY

7 x 9 Minute Mini Mindful Moments Workshop

DAVID BURGESS

79' Magic Tricks

16:30

MARCUS PEARSON

79' Safe & Sound Therapy Workshop

WIM CHALMET

Gairlock High School 79 Different Quest for Children & the
Community

17:00

KAREN DARKE & CHECHEY NIDUP

BHUTAN 1st Country of Gross National Happiness

Pole of Possibility

MARCUS PEARSON & RACHEL EARING

Alternative Schooling

17:30

KERRY HALES

7 Letters from your Knicker Drawer

JOANNE BROWN

Back to Nature Workshop

18:00

MANISHA SOLANKI

Bollywood Dancing Workshop

TRACEY SMOLINSKI

79 Tips of Networking & Business

18:15

RACHEL EARING

79 Inner Gold Guides & 79 Healings

18:30

SAM BEARD

Special Guest

AUDIENCE Q & A

19:00

CLUBHOUSE

WINNERS CLUB THANK YOU FROM QUEST 79

0900 - 1900 Hours

